

Claims:

1. A stocking comprising a sleeve and a gel pad within said sleeve.

2. A stocking as claimed in claim 1 further comprising an opening in said sleeve for accessing, placing and positioning said gel pad within said sleeve.

5 3. A compression stocking comprising a sleeve and a gel pad within said sleeve.

4. A compression stocking as claimed in claim 3 further comprising an opening in said sleeve for accessing, placing and positioning said gel pad within said sleeve.

5. A stocking as claimed in claim 2 wherein said stocking includes a folded portion and a stitched portion to form said sleeve.

10 6. A compression stocking as claimed in claim 4 wherein said compression stocking includes a folded portion and a stitched portion to form said sleeve.

7. A stocking as claimed in claim 5 wherein said sleeve extends 360 degrees within said stocking.

15 8. A compression stocking as claimed in claim 6 wherein said sleeve extends 360 degrees withing said stocking.

9. A device for treating venous insufficiency comprising an understocking having a sleeve and a gel pad within said sleeve.

10. A device for treating venous insufficiency as claimed in claim 9 further comprising an opening in said sleeve for accessing, placing and positioning said gel pad within said sleeve.

11. A device for treating venous insufficiency as claimed in claim 10 further

comprising a compression stocking residing over said understocking.

12. A device for treating venous insufficiency as claimed in claim 9 further comprising a compression stocking residing over said understocking.

13. A device for treating venous insufficiency as claimed in claim 9 wherein said  
5 understocking includes a folded portion and a stitched portion forming said sleeve.

14. A device for treating venous insufficiency as claimed in claim 13 wherein said understocking is made from a material selected from the group of nylon, polyester, and cotton.

15. A device for treating venous insufficiency as claimed in claim 13 wherein said  
10 understocking is made from a material selected from an elastic material.

16. A method of treating a patient having venous insufficiency comprising the steps of:

applying an understocking having a sleeve onto the foot, ankle and leg of said  
patient;

15 inserting a gel pad into said sleeve; and,

positioning said gel pad about said foot, ankle and leg of said patient to apply  
pressure to reduce said venous insufficiency.

17. A method of treating a patient having venous insufficiency as claimed in claim  
16 further comprising the steps of:

20 applying a compression stocking over said understocking and pads.

18. A method of treating a patient having venous insufficiency as claimed in claim

16 wherein said understocking is a compression stocking.

19. A method of treating a patient having venous insufficiency as claimed in claim  
17 wherein said understocking is a compression stocking.

20. A method of treating a patient having venous insufficiency as claimed in claim  
5 16 wherein said understocking is a compression stocking.